

Spectrum of Surgical Site Infections in the Surgical Ward

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ABSTRACT

Objective: To analyze the spectrum of bacterial pathogens causing SSIs in surgical patients and to determine the antibiotic resistance and susceptibility patterns of these organisms.

Methodology: A cross-sectional observational study was conducted at the Department of General Surgery, Pakistan Institute of Medical Sciences, Islamabad, from January to December 2024. A total of 300 patients who underwent surgery and developed SSIs were included. Pus samples were collected from infected surgical sites, cultured, and analyzed for microbial identification and antibiotic susceptibility using standard microbiological techniques. Data were analyzed using SPSS version 25.

Results: The study identified *Klebsiella* (23.3%), *Escherichia coli* (17%), *Pseudomonas* (12.7%), and *Staphylococcus aureus* (9.7%) as the most common pathogens in SSIs. Across the bacterial isolates, a common trend of resistance was observed against amoxicillin, cefixime, ceftriaxone, cotrimoxazole, and penicillin. In contrast, higher sensitivity was seen with amikacin, tobramycin, vancomycin, chloramphenicol, colistin, and minocycline, though the degree of susceptibility varied among species.

Conclusion: There is a predominance of gram-negative bacteria, including *Klebsiella* and *E. coli*, among the bacterial pathogens causing SSIs. Among these, significant antibiotic resistance was noted against commonly used antibiotics. Amikacin and tobramycin were found to be effective against a wide range of pathogens. The results underscore the importance of judicious antibiotic use, continuous monitoring of antimicrobial resistance, and the development of alternative treatment options to effectively manage SSIs.

Keywords: Antimicrobial Surveillance; Antibiotic Resistance; MRSA; Surgical Site Infection.

Authors' Contribution:

^{1,2}Conception; Literature research; manuscript design and drafting; ^{3,4}Critical analysis and manuscript review; ^{5,6}Data analysis; Manuscript Editing.

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Introduction

Surgical site infections (SSIs) are defined as infections occurring up to 30 days after surgery (or up to one year after surgery in patients receiving implants) and affecting either the incision or deep tissue at the operation site.¹ SSIs represent a significant challenge to surgical healthcare. These infections contribute to prolonged hospital stays,

higher rates of hospital readmission, elevated treatment expenses, and considerable morbidity and mortality.²

Risk factors for SSIs include both patient-related factors and procedure- or treatment-related (external) factors.³ Among the treatment-related factors, the quality of the surgical technique is the most important determinant, although most surgical site infections are attributable to patient-related risk

factors rather than to flawed surgical care, including malnutrition, older age, coexistent infection, and diabetes.⁴

The common causative organisms found by various studies carried out in other parts of the world include *Staphylococcus aureus*, β -lactamase-producing *Escherichia coli*, *Enterococcus*, and *Pseudomonas aeruginosa*.⁵⁻⁷

One of the key concerns in the management of SSIs is the increasing resistance of pathogenic microorganisms to commonly used antibiotics, making effective treatment more complex and difficult.^{8,9} The emergence of antibiotic resistance, driven by factors such as inappropriate antibiotic use, inadequate infection control practices, and the increasing use of medical devices, poses a significant threat to the effectiveness of existing therapeutic strategies. This study aims to explore the resistance and susceptibility patterns of microorganisms involved in SSIs, which is crucial for developing targeted preventive and interventional strategies to enhance patient safety and improve surgical outcomes in the face of evolving antimicrobial resistance.

Methodology

This cross-sectional observational study was conducted at the Department of General Surgery, Pakistan Institute of Medical Sciences, Islamabad, Pakistan, from January to December 2024. The study included all patients admitted to the surgical ward, both for elective and emergency surgeries, during the one-year study period, provided they met the inclusion criteria. A total of 300 patients were selected using a convenience sampling technique. The study included patients regardless of gender who underwent elective or emergency surgery and were admitted to the surgical ward. Patients who were immunocompromised, on immunosuppression therapy, or patients with HIV/AIDS, diabetic patients, or those who had

infections elsewhere in the body were excluded from the study.

Patient data, including age, gender, and the organisms responsible for the infections, were collected by reviewing pus culture reports. Surgical site infections (SSIs) were diagnosed by observing local inflammatory signs such as redness, swelling, tenderness, warmth, or purulent discharge during the post-operative period. Pus samples were aseptically collected using sterile swabs or syringes and sent to the laboratory within two hours for culturing and identification of microorganisms using standard microbiological techniques.

Data analysis was performed using SPSS version 25, with all variables presented as frequencies and percentages

Ethical approval was granted by the Ethics Research Review Board of the Pakistan Institute of Medical Sciences, Islamabad (F-5-2-2024(ERRB)/PIMS, dated 11th March 2024).

Results

The research sample included 300 culture reports from patients who underwent both elective and emergency surgeries, with 74.7% of the participants being males and 25.3% females.

The most common age group to be diagnosed with SSI was 40–49 years. This was followed by individuals aged 30–39 years. (Table I)

Table I: Age group of the study population

Age group	Frequency	Percentage
10-19	18	6.0
20-29	51	17.0
30-39	77	25.7
40-49	83	27.7
50-59	46	15.3
Above 60	25	8.3
Total	300	100.0

Table II: Susceptibility pattern of commonly used antibiotics to the bacterial isolates.

Antibiotic	Klebsiella N=70	E coli N= 51	Pseudomon as N= 38	Staphylococ cus Aureus N= 29	Enterobacte r N= 24	Acinetobacter N=16	Staphyloco ccus aureus MRSA N=8
Colistin Resistant Sensitive Intermediate Not Tested	 5.7% 42.9% 51.4%	 3.9% 13.7% 82.4%	 15.8% 23.7% 60.5%	 100%	 4.2% 8.3% 20.8% 66.7%	 37.5% 56.3% 6.2%	 100%
Cotrimoxazole Resistant Sensitive Not Tested	 57.1% 15.7% 27.2%	 56.9% 15.7% 27.4%	 7.9% 92.1%	 58.6% 24.1% 17.2%	 66.7% 12.5% 20.8%	 43.8% 6.2% 50%	 62.5% 12.5% 25%
Ceftriaxone Resistant Sensitive Not Tested	 61.4% 8.6% 30%	 80.4% 7.8% 11.8%	 15.8% 84.2%	 6.9% 93.1%	 75% 16.7% 8.3%	 50% 50%	 12.5% 87.5%
Imipenem Resistant Sensitive Intermediate Not Tested	 31.4% 25.7% 8.6% 34.3%	 7.8% 52.9% 2% 37.3%	 26.3% 31.6% 2.6% 39.5%	 6.9% 93.1%	 16.7% 29.2% 12.5% 41.7%	 68.8% 6.2% 25%	 12.5% 87.5%
Amoxicillin Resistant Sensitive Intermediate Not Tested	 70% 10% 2.9% 17.1%	 90.2% 3.9% 5.9%	 5.3% 2.6% 92.1%	 3.4% 96.6%	 66.7% 12.5% 20.8%	 18.8% 6.2% 75%	 12.5% 87.5%
Levofloxacin Resistant Sensitive Intermediate Not Tested	 40% 4.3% 5.7% 50%	 41.2% 11.8% 47.1%	 23.7% 13.2% 63.1%	 10.3% 6.9% 82.8%	 20.8% 16.7% 62.5%	 50% 50%	 12.5% 87.5%
Ciprofloxacin Resistant Sensitive Intermediate Not Tested	 32.9% 12.9% 1.4% 52.9%	 39.2% 5.9% 2% 52.9%	 39.5% 28.9% 2.6% 28.9%	 48.3% 24.1% 6.9% 20.7%	 58.3% 4.2% 37.5%	 56.3% 43.2%	 50% 50%
Amikacin Resistant Sensitive Intermediate Not Tested	 31.4% 54.3% 1.4% 12.9%	 5.9% 82.4% 11.8%	 39.5% 47.4% 5.3% 7.9%	 6.9% 93.1%	 33.3% 50% 16.7%	 43.8% 25% 12.5% 18.8%	 100%
Gentamicin Resistant Sensitive Intermediate Not Tested	 42.9% 12.9% 1.4% 42.9%	 7.8% 27.5% 64.7%	 23.7% 13.2% 63.1%	 17.2% 65.6% 17.2%	 16.7% 20.8% 62.5%	 12.5% 6.3% 81.3%	 100%
Chlorampheni col Resistant Sensitive Intermediate Not Tested	 25.7% 14.3% 60%	 2% 11.8% 2% 84.2%	 100%	 96.6% 3.4%	 8.3% 33.3% 58.4%	 87.5% 12.5%	 100%

Cefepime Resistant Sensitive Not Tested	27.1% 72.9%	7.8% 92.2%	15.8% 7.9% 76.3%	100%	16.7% 83.3%	18.8% 81.3%	100%
Meropenem Resistant Sensitive Intermediate Not Tested	5.7% 7.1% 4.3% 82.9%	2% 19.6% 78.4%	13.2% 18.4% 68.4%	100%	16.7% 16.7% 66.6%	12.5% 87.5%	100%
Vancomycin Resistant Sensitive Not Tested	8.6% 91.4%	100%	100%	93.1% 6.9%	100%	100%	87.5% 12.5%
TZP Resistant Sensitive Not Tested	40% 12.9% 47.1%	21.6% 17.6% 60.8%	31.6% 63.2% 5.3%	3.4% 96.6%	37.5% 16.7% 45.8%	75% 6.3% 18.7%	100%
Cefixime Resistant Sensitive Not Tested	72.9% 7.1% 20%	84.3% 3.9% 11.8%	2.6% 97.4%	100%	83.4% 8.3% 8.3%	18.8% 81.2%	100%
SCF Resistant Sensitive Intermediate Not Tested	50% 18.6% 4.3% 27.1%	27.5% 47.1% 3.9% 21.6%	36.8% 47.4% 2.6% 13.2%	6.9% 93.1%	62.5% 33.3% 4.2%	62.5% 6.3% 6.3% 25%	12.5% 87.5%
Tobramycin Resistant Sensitive Intermediate Not Tested	47.1% 48.6% 1.4% 2.9%	19.6% 58.8% 9.8% 11.8%	44.7% 47.4% 7.9%	100%	41.7% 50% 8.3%	56.3% 25% 6.3% 12.5%	100%
Ceftazidime Resistant Sensitive Intermediate Not Tested	20% 80%	9.8% 90.2%	47.4% 47.4% 5.3%	3.4% 96.6%	8.3% 91.7%	75% 6.3% 18.7%	100%
Tetracycline Resistant Sensitive Intermediate Not Tested	8.6% 91.4%	5.9% 94.1%	100%	100%	4.2% 4.2% 91.7%	100%	100%
Linezolid Resistant Sensitive Not Tested	100%	100%	100%	10.3% 89.7%	100%	100%	62.5% 37.5%
Erythromycin Resistant Sensitive Not Tested	8.6% 91.4%	100%	100%	58.6% 27.6% 13.8%	4.2% 95.8%	100%	37.5% 50% 12.5%
Ampicillin Resistant Not Tested	8.6% 91.4%	11.8% 88.2%	100%	100%	100%	100%	100%
Azithromycin Resistant Sensitive Not Tested	8.6% 91.4%	100%	100%	100%	100%	100%	12.5% 87.5%

Penicillin G Resistant Not Tested	8.6% 91.4%	100%	100%	100%	100%	100%	100%
Minocycline Resistant Sensitive Intermediate Not Tested	12.9% 31.4% 5.7% 50%	2% 15.7% 82.4%	2.6% 5.3% 2.6% 89.5%	 3.4% 96.6%	 33.3% 4.2% 62.5%	25% 62.5% 12.5%	 100%
Tigecycline Resistant Sensitive Intermediate Not Tested	1.4% 42.9% 55.7%	 11.8% 3.9% 84.3%	2.6% 21.1% 76.3%	 3.4% 96.6%	4.2% 45.8% 50%	6.3% 31.3% 6.3% 56.3%	 100%
Cefoxitin Resistant Sensitive Not Tested	8.6% 91.4%	 100%	 100%	17.3% 79.3% 3.4%	 100%	 100%	75% 25%
Aztreonam Resistant Sensitive Intermediate Not Tested	 100%	2% 98%	42.1% 28.9% 13.2% 15.8%	3.4% 96.6%	8.3% 4.2% 87.5%	 100%	 100%
Clindamycin Resistant Sensitive Not Tested	8.6% 91.4%	 100%	 100%	10.3% 82.8% 6.9%	 100%	 100%	 87.5% 12.5%
Doripenem Resistant Sensitive Not Tested	14.3% 5.7% 80%	2% 2% 96%	5.3% 5.2% 89.5%	 100%	20.8% 79.2%	37.5% 62.5%	 100%

The most commonly isolated organism was Klebsiella (23.3%), followed by Escherichia coli (17%), Pseudomonas (12.7%), Staphylococcus Aureus (9.7%), Enterobacter, Acinetobacter (5.3%), and Staphylococcus Aureus MRSA (2.66%). Notably, 14.3% of the patients showed no growth on the culture medium. Other organisms were isolated in trace amounts. (Figure 1)

Klebsiella demonstrated the highest sensitivity to amikacin (54.3%) and tobramycin (48.6%), intermediate susceptibility to colistin (42.9%), and resistance to cefixime (72.9%), amoxicillin (70%), ceftriaxone (61.4%), and cotrimoxazole (57.1%). Escherichia coli was mostly sensitive to amikacin (82.4%), tobramycin (58.8%), imipenem (52.9%), and sulfamethoxazole-trimethoprim SCF (47.1%) while exhibiting high resistance to amoxicillin (90.2%), cefixime (84.3%), and ceftriaxone (80.4%). Pseudomonas showed moderate sensitivity to

amikacin (47.4%), sulfamethoxazole-trimethoprim SCF (47.4%), tobramycin (47.4%), and ceftazidime (47.4%), and was mostly sensitive to piperacillin-tazobactam TZP (63.2%). Staphylococcus aureus exhibited the greatest sensitivity to chloramphenicol (96.6%), followed by vancomycin (93.1%), clindamycin (82.8%), and cefoxitin (79.3%), while showing 100% resistance to penicillin and notable resistance to erythromycin (58.6%), cotrimoxazole (58.6%), and ciprofloxacin (48.3%). The MRSA strains showed complete sensitivity to chloramphenicol (100%) and retained susceptibility to linezolid (62.5%), vancomycin (87.5%), and clindamycin (87.5%) while exhibiting 100% resistance to gentamicin and penicillin. Enterobacter showed moderate sensitivity to amikacin (50%), tobramycin (50%), and tigecycline (45.8%), while demonstrating resistance to cefixime (83.4%), ceftriaxone (75%), amoxicillin (66.7%), and cotrimoxazole (66.7%). and

Acinetobacter was mostly sensitive to colistin (56.3%) and minocycline (62.5%), and mostly resistant to chloramphenicol (87.5%), ceftazidime (75%), and TZP (75%). (Table II)

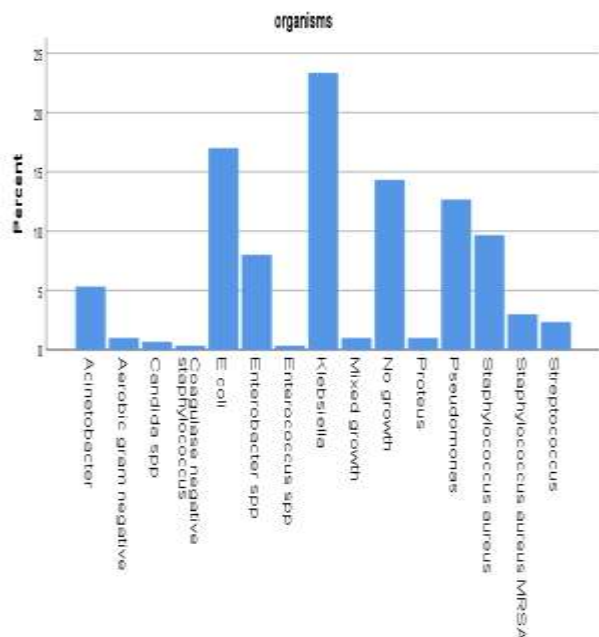


Figure 1. Distribution of pathogenic bacteria isolated from the study participants.

Discussion

The disparity in gender distribution in the study, with more male patients (74.7%) than female patients (25.3%), is a finding consistent with other reports, could be due to factors like cultural or social norms, differences in healthcare access, the types of surgeries being performed (e.g., trauma-related or hernia surgeries are more common in males), and the specific patient population during the study period.^{10,11} Additionally, certain surgical conditions may be more prevalent in males, further contributing to the gender imbalance.

The antimicrobial susceptibility profile of the *Klebsiella* isolate reveals a significant sensitivity to aminoglycosides, particularly amikacin and tobramycin, suggesting their potential efficacy in treating infections caused by this strain. This aligns

with the existing literature supporting the role of aminoglycosides in managing multidrug-resistant Gram-negative infections due to their potent bactericidal activity.¹² The intermediate susceptibility to colistin is noteworthy, as it may indicate emerging resistance or borderline susceptibility, warranting cautious use and further confirmatory testing. Conversely, resistance to cephalosporins and amoxicillin underscores the reduced efficacy of these beta-lactam antibiotics, likely due to the production of beta-lactamases, particularly extended-spectrum beta-lactamases (ESBLs), with similar resistance patterns reported in previous studies.^{13,14}

The observed antimicrobial susceptibility pattern of *E. coli* highlights a concerning trend of high resistance to commonly used beta-lactam antibiotics, including third-generation cephalosporins and amoxicillin, consistent with findings reported in a previous study whereas the predominant sensitivity of *E. coli* to amikacin aligns with findings from earlier studies and moderate sensitivity to tobramycin, sulfamethoxazole-trimethoprim (SCF), and imipenem suggests that aminoglycosides and carbapenems remain effective therapeutic options against such resistant strains.^{13,15} The efficacy of imipenem also underscores the importance of reserving carbapenems for severe infections to prevent the emergence of carbapenem-resistant Enterobacteriaceae (CRE).¹⁶ The analysis of *Pseudomonas* strains revealed moderate sensitivity to several antibiotics, including amikacin, sulfamethoxazole-trimethoprim (SCF), and tobramycin, while sensitivity to ceftazidime has also been documented in numerous other studies.^{10,13,17} While these antibiotics showed some efficacy, the moderate sensitivity suggests that their use should be carefully considered based on individual patient factors and local resistance patterns. Notably, *Pseudomonas* was found to be mostly sensitive to piperacillin-tazobactam (TZP), indicating that it may be the most reliable option for treating

Pseudomonas-related infections.¹⁸ The complete resistance of *Staphylococcus aureus* to penicillin is consistent with global reports,^{13,14,19} attributed to the widespread production of penicillinase among *S. aureus* strains. Additionally, resistance to erythromycin, cotrimoxazole, and ciprofloxacin suggests a growing challenge in the empirical treatment of *S. aureus* infections, potentially due to overuse or misuse of these agents in clinical settings. However, it demonstrated the greatest sensitivity to chloramphenicol, clindamycin, ceftazidime, and vancomycin, while the MRSA (Methicillin-resistant *Staphylococcus aureus*) isolates demonstrated predominant sensitivity to chloramphenicol, linezolid, clindamycin, and vancomycin. The sensitivity of all *Staphylococcus aureus* strains to vancomycin observed in this study is consistent with findings reported in various other studies.²⁰⁻²³ This sustained susceptibility may be attributed to the restricted use of vancomycin, typically reserved for severe or resistant infections, thereby reducing the selective pressure for resistance development.

The resistance pattern observed in *Enterobacter* spp. aligns with findings from other studies,^{24,25} highlighting widespread resistance to β -lactams, including cefixime, ceftazidime, and amoxicillin. This resistance may be attributed to the production of extended-spectrum β -lactamases (ESBLs). Although moderate sensitivity to amikacin, tobramycin, and tigecycline provides some therapeutic options, these results emphasize the importance of susceptibility-guided therapy. On the other hand, *Acinetobacter* species showed a high level of sensitivity to colistin, aligning with the results of previous studies,²⁴ as well as to minocycline, making these antibiotics preferred treatment options for *Acinetobacter*-related infections. In contrast, the resistance of *Acinetobacter* isolates to ceftazidime and ciprofloxacin observed in this study is consistent with findings reported by other researchers.¹³ The decreased efficacy of ceftazidime and ciprofloxacin significantly limits treatment options, especially in

nosocomial settings where *Acinetobacter* is a common cause of severe infections.

The absence of growth on culture media in surgical site infection (SSI) samples could be attributed to several factors: prior antibiotic treatment, improper sample collection, failure of sterile techniques, low bacterial load, or the presence of fastidious organisms that require specific conditions for growth. These factors can hinder the detection of microorganisms in culture, leading to negative results.

In this study, common antibiotics such as the beta-lactam group, macrolides, tetracyclines, cephalosporins, and quinolones were found to be resistant to most bacterial strains. This widespread resistance poses a significant challenge to clinical treatment, as these antibiotics are frequently used to manage various bacterial infections. The resistance observed may be attributed to factors such as overuse and misuse of these antibiotics, which contribute to the development of resistance mechanisms like the production of beta-lactamases, efflux pumps, and altered target sites. The findings underscore the urgent need for continuous surveillance, the development of new antibiotics, and alternative treatment strategies to effectively combat resistant bacterial infections.

Limitations of the study: This study has some limitations, including a small sample size. The focus on a limited set of antibiotics may overlook other potentially effective agents, and the use of culture-based methods might not detect all microbial species. Future research with larger sample sizes, broader antibiotic testing, and molecular analysis would help overcome these limitations and provide more comprehensive insights.

Conclusion

This study found *Klebsiella*, *E. coli*, *Pseudomonas*, and *Staphylococcus aureus* to be among the most common bacterial pathogens responsible for surgical site infections (SSIs). It also revealed high levels of antibiotic resistance in these bacterial

strains. Common antibiotics like beta-lactams and macrolides were mostly ineffective, highlighting the need for alternative treatments. However, antibiotics such as amikacin and tobramycin showed promising sensitivity. The study stresses the importance of continuous monitoring of antimicrobial resistance to guide effective treatment strategies.

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